

My Monthly Blood Glucose Log

Day	Date	Blood Sugar
Sunday	___ / ___	mg/dL
Monday	___ / ___	mg/dL
Tuesday	___ / ___	mg/dL
Wednesday	___ / ___	mg/dL
Thursday	___ / ___	mg/dL
Friday	___ / ___	mg/dL
Saturday	___ / ___	mg/dL
Sunday	___ / ___	mg/dL
Monday	___ / ___	mg/dL
Tuesday	___ / ___	mg/dL
Wednesday	___ / ___	mg/dL
Thursday	___ / ___	mg/dL
Friday	___ / ___	mg/dL
Saturday	___ / ___	mg/dL
Sunday	___ / ___	mg/dL
Monday	___ / ___	mg/dL
Tuesday	___ / ___	mg/dL
Wednesday	___ / ___	mg/dL
Thursday	___ / ___	mg/dL
Friday	___ / ___	mg/dL
Saturday	___ / ___	mg/dL
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Friday	___ / ___	mg/dL
Saturday	___ / ___	mg/dL